



NEWSLETTER

MAY 2021



From our President

Our Spring Plant Sale and our Recycling Campaign kicked off on Earth Day. Plant sales at our **LEAF Shop** have been strong and will continue throughout May or until the plants sell out. The “bios” of all our seedlings are in the **LEAF Seedling Catalog** with descriptions and pictures of every plant. Our Recycling Campaign features 7 items we are collecting for reuse, repurposing or recycling. In just one day, we collected 220 large brown paper bags for TCV, the food bank we donate our produce to. More details about both events are below.

PLUS, we have another exciting announcement to make – we have a brand new **LEAF website** created by Eddie Turner, our marketing manager and graphic designer extraordinaire, who you'll meet next!



Faces of



LEAF



A visit with
Marketing Manager,
Eddie Turner

Elaine: Hi Eddie! You are the first person I've worked with from Tennessee. Is there very much interest in gardening in your area? Do you garden?

Eddie: There is indeed! It's very common to see well-developed gardens in the backyards of homes while driving around. I used to help my parents tend our garden during my teenage years. These days, my wife reigns supreme as the gardener in our home.

Elaine: What are some of your favorite activities?

Eddie: As an author, I love to write regardless of whether what I create appears in one of my books. I'm also a musician, a Bible teacher, and I love to go to the movies.

Elaine: Describe your educational and professional background.

Eddie: I began my marketing career earlier than most – much earlier, in fact. As a child, I would drive my parents crazy with critiques of the fonts and colors that businesses chose for their image. I guess I just never stopped doing that.

Elaine: How did you learn about LEAF? What do you do and how long have you been involved?

Eddie: LEAF's CFO roped me in after I served in another organization that he is involved with. My job is to forge and maintain the overall image that we put out into the world. I began working in July of 2020 and look forward to many more years with LEAF.

Elaine: How are your skills helping LEAF?

Eddie: You tell me!! :) I do hope that my love for all that LEAF does and stands for is reflected in my work toward making LEAF a household name. We want people to immediately associate us with all of the aspects of our mission.

Elaine: What excites you about working with LEAF?

Eddie: I get to be creative! While putting together our new website has been a lot of work, it's also been an absolute joy.

Elaine: If you could have the whole world's attention, what would you say?

Eddie: Not being the most eloquent of speakers, probably not much. But I would definitely have something to write. My books have been my outlet for sharing my love for God with the world.



What's New?



A website needs to be more than a place to drop in once or twice. It should be a platform that continually evolves and invites people to return often. Coupled with our new **LEAF Wiki**, the newly redesigned fremontleaf.org is a place for learning, interacting and sharing our goods with you via our **LEAF Shop**. Our new site represents what we feel is a "good start" toward many new ways of offering our services. We hope you enjoy its features as much as we've enjoyed building them for you. Because your hearts mirror ours when it comes to the work that we do, we welcome your feedback and suggestions for new additions to this new online home we've created.





This year we sourced seed from some new seed companies. All of them have signed the Seed Sharing Pledge, which states that their seeds are untreated (not coated with fungicides or insecticides) and non-GMO. We started over 130 different veggie, herb and flower seedlings and ended up transplanting over 4,500 plants. That's 1000 more plants than last year!

We are offering online shopping once again with curbside pickup at LEAF Stone Garden Nursery. Unfortunately, browsing through our nursery is not permitted at this time.

We have two new tools to assist your gardening experience: our local **"When To Grow" Calendar** and our **LEAF Seedling Catalog**. In them you will find a calendar of when to plant edible plants and growing tips on specific varieties we sell to help you cultivate a happy and healthy garden!



Tips for Your Garden

MAY

- Bees are very active in springtime, when the temps rise and flowers bloom. Sometimes, a bee colony gets too crowded and the bees swarm. If you see a swarm, don't panic; remain calm and slowly move away from the swarm. Swarming bees are docile, loaded with food and just looking for a home. To report a honey bee swarm, call the Alameda County Beekeepers Association at (510) 898-6696. An ACBA beekeeper will contact you and arrange for a safe relocation.
- Plant summer vegetables, especially tomatoes, peppers, eggplant, okra, etc., when soil temperatures reach 60 to 65 degrees F.

- All summer long, annual and perennial herbs and flowers can be planted.
- Continue planting summer bulbs.



Get Cookin'!

OUR FAVORITE RECIPES



Ingredients

- 2-3 lbs fresh fava beans (broad beans), which will yield 1 1/2 to 2 cups shelled beans (fresh peas can be substituted)

- Salt
- 1 small bulb fennel, thinly sliced (a mandoline works well)
- 2 ounces Parmesan cheese (or other hard cheese), thinly sliced
- 10 fresh mint leaves, thinly sliced
- 2 green onions, sliced
- Extra virgin olive oil
- Lemon juice
- Freshly ground black pepper

Directions

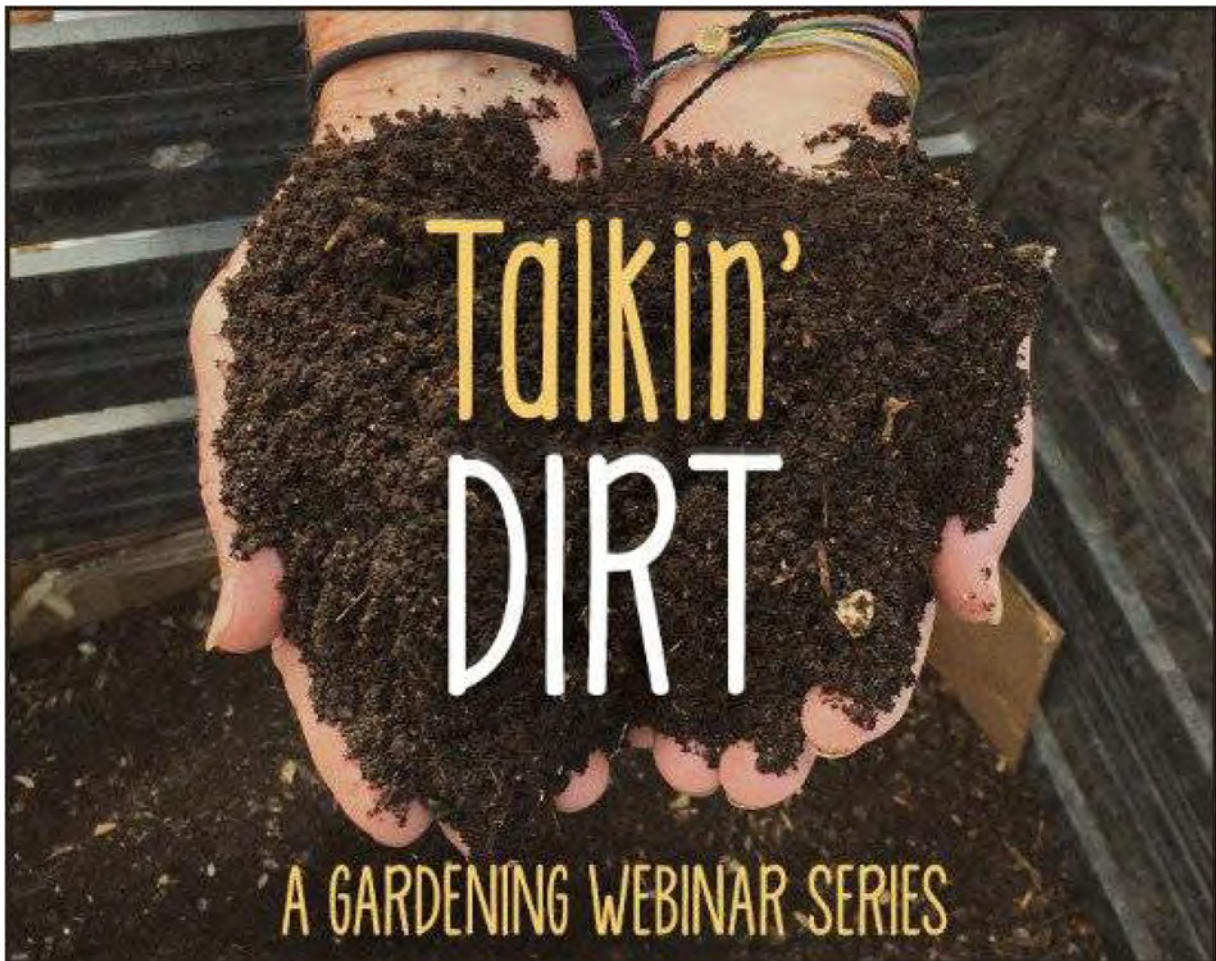
1. Fava beans need to be shelled twice – first before cooking, to remove the outer bean pod, then after cooking to remove the tough membrane around the beans.

- To remove the outer pod: work over a large bowl, bend the pod until it snaps, then squeeze the beans out so they shoot into the bowl. Discard the pods in your compost or green bin ;)
- To remove the outer membrane, add the shelled beans to 2 quarts of boiling salted water. Simmer for a few minutes until just tender. Remove the beans and put them in a bowl of ice water to stop the cooking. Let the beans sit in the ice water for a minute or two. Drain the water and remove the membrane from each bean. Discard the membranes in your compost or green bin.

2. Combine salad ingredients:

- Put freshly peeled and cooked fava beans, sliced fennel and onions in a bowl
- Drizzle with extra virgin olive oil
- Sprinkle with salt and pepper, and toss to coat
- Squeeze some lemon juice over the salad (about a tablespoon)
- Add the Parmesan and mint, and toss to mix
- Garnish with fennel fronds and/or mint sprigs





Join our next webinar on **May 10th** from **9am to 10am**. Guy and Michele, Master Gardener Volunteers, and Joyce, LEAF's Chief Propagator, will be presenting at the webinar. Joyce will take you on a live tour of our nursery, where you will see all the plants we are offering at our Spring Plant Sale, and answer your questions.

[Click Here to Register In Advance](#)





Our Earth Day Recycling Campaign has been very successful. In just one week we collected over 220 Large Brown Paper Bags and 379 CDs!

The good news is that your recyclable items can be dropped off at the same time you pick up your LEAF seedlings! We will also be open for collection every Thursday and Saturday from 10am to 12pm throughout the month of May at LEAF's C.R. Stone Garden.

Here are 7 items for our Earth Day Community Recycling event:

Large Brown Paper Bags (paper only, no plastic)

Bags will be given to TCV, the food bank where we donate our fresh healthy produce from LEAF Stone Garden and Bee Sanctuary.

New/Used Socks

New socks will be donated to a local shelter, used socks will be recycled to become insulation in the auto and carpet industries.

New/Used Bras

New and slightly used bras will be sent to organizations supporting women in need.

Writing Utensils

Pens, pencils, glue sticks, watercolor dispensers, paint sets and flexible packaging will be sent to TerraCycle.

CDs/DVDs (with or without cases)

Will be reused or recycled for use in new products, i.e. automotive industry parts, and as raw materials for making plastics.

Sports Medals (metal only, no trophies or plaques)

Will be sent to a local metal recycler.

Brita Products

Filters, pitchers, dispensers, bottles, faucet systems and packaging will be sent to TerraCycle.

Cash donations are also greatly appreciated to help us pay for handling and shipping to the various recycling companies and centers. By combining efforts, we can consolidate shipments, thereby using fewer boxes and saving over 70% of shipping fees.

Directions

LEAF C.R. Stone Garden is located behind Mission Valley Vet Clinic at 55 Mowry Ave near Mission Blvd. Please park to the side of the Vet Clinic, parallel to Mowry Ave. Parking in front of the Vet Clinic is for their clients only.





PRODUCE DONATIONS AS OF April 30, 2021

1,101LBS




A green rounded rectangular button with a white border. On the left is a circular icon of a hand holding a leaf. To the right, the text 'DONATE NOW' is written in white. Below the text are four icons for payment methods: LEAF logo, VISA, DISCOVER, and AMEX.

LIKE | FOLLOW | SUBSCRIBE



LEAF PO Box 2816 Fremont,
CA 94536
(<https://shoutout.wix.com/so/cb>)

FREMONTLEAF.ORG 
(<https://shoutout.wix.com/so/cbNbXFWwv/c?w=0h->)